

EIFFEL
BLOMET
HOTEL

Treatment Menu

absolution

Hôtel Eiffel Blomet

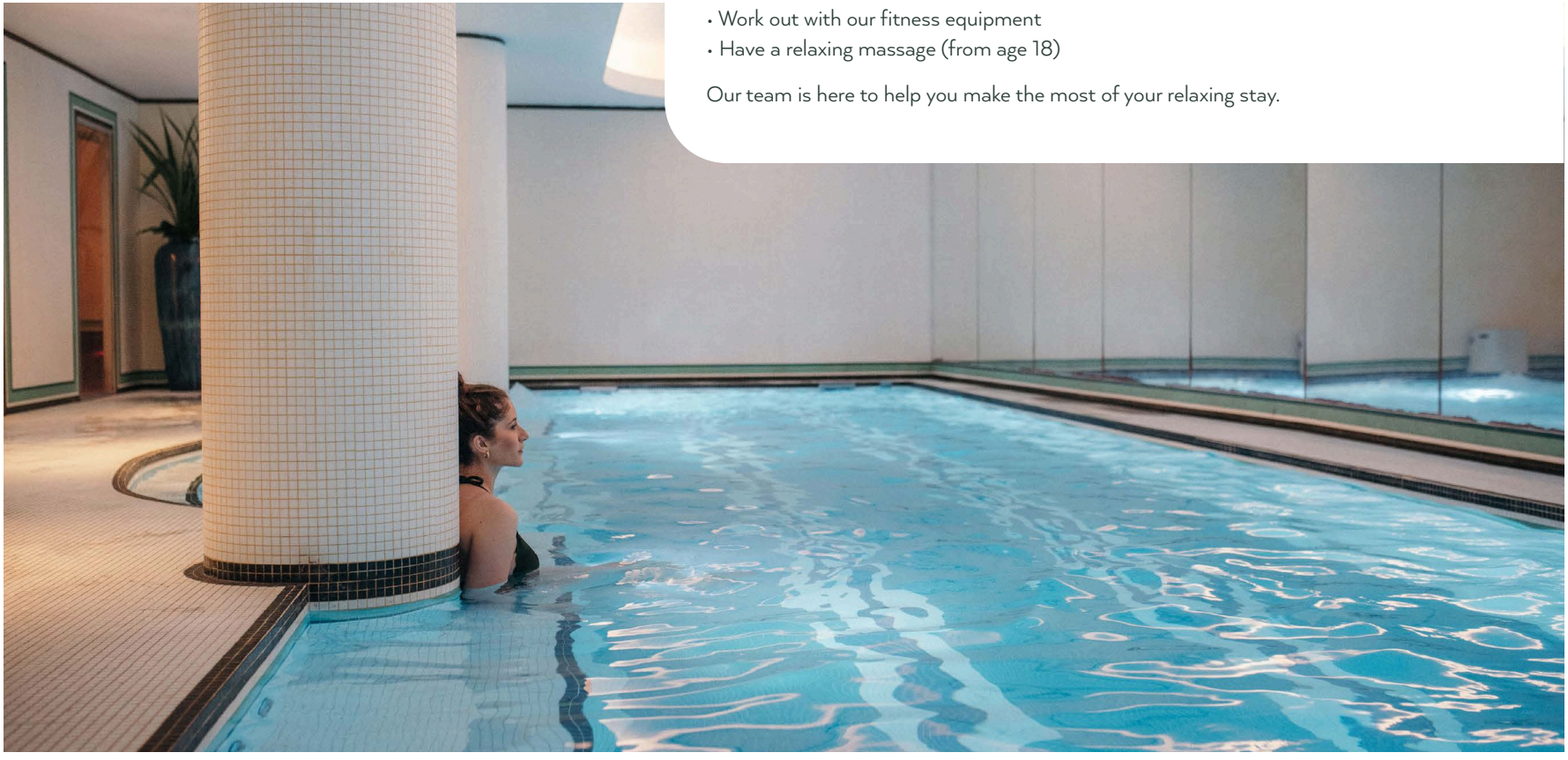
... invites you to enjoy an escape in its spa.

Open from 7.15 am to 9.45 pm, it is a haven of peace away from Paris's bustle.

Here, you can care for both body and mind:

- Swim a few lengths in the pool
- Relax in the sauna or hammam
- Work out with our fitness equipment
- Have a relaxing massage (from age 18)

Our team is here to help you make the most of your relaxing stay.



Absolution, rediscovering beauty

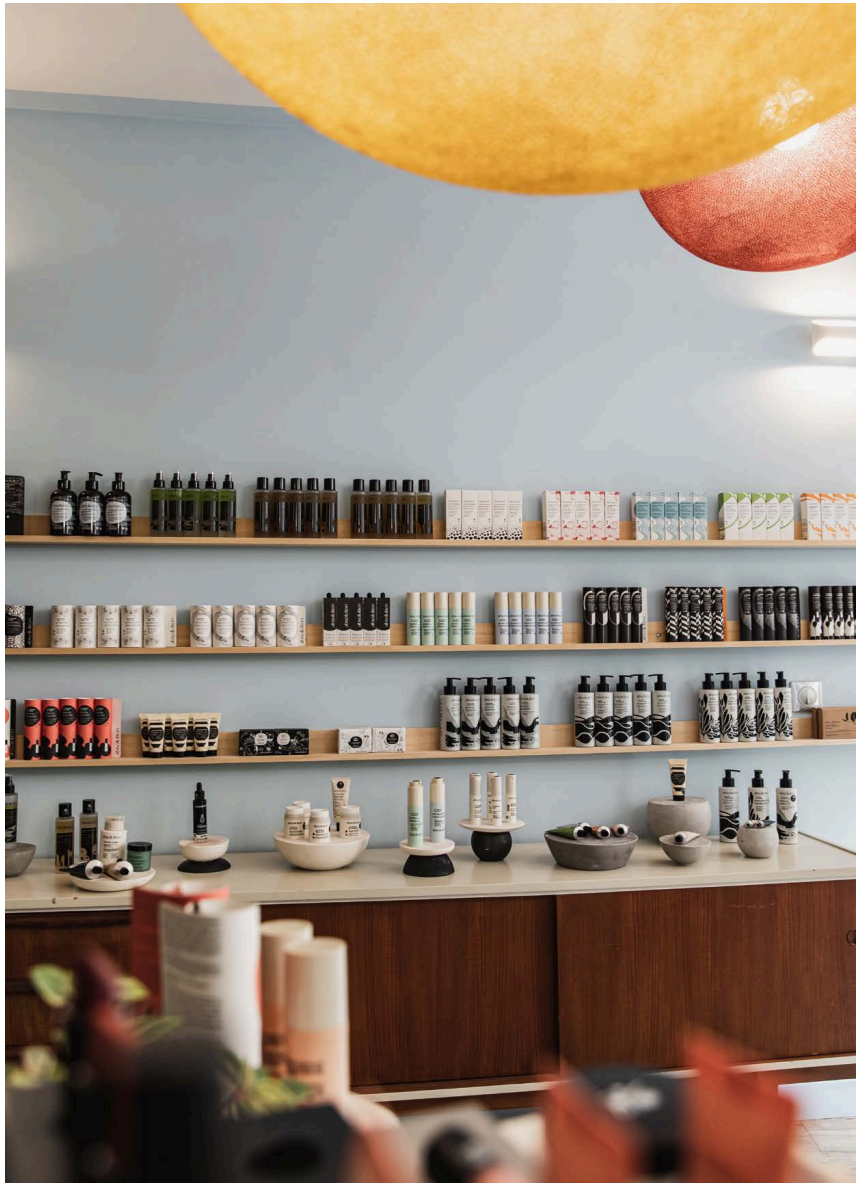
Since 2009, Absolution has offered a holistic approach to beauty for everyone for whom Quality, Effectiveness, Honesty, Ecology and Creativity are more than marketing concepts. Our face and body products, all certified organic, combine the power of medicinal plants with our passion for skilful, creative formulations of exceptional quality.

Our aim is simply to offer an unrivalled beauty experience: the certainty of achieving tangible results very quickly, the daily pleasure of using our products, and original, comforting, irresistible treatment rituals.

Isabelle Carron

Founder & CEO

Natural and organic cosmetics certified by Ecocert Greenlife according to the Ecocert standard available at http://cosmetiques.ecocert.com



Absolution facial treatments

Absolution Signature Treatment

60 min · €130

One hour of treatment with immediate, lasting effects, combining exclusive blends of organic plants, wildflowers, minerals and natural vitamins with pro-age, detoxifying massage techniques. Choose from two approaches, tailored to how you feel on the day.

Vitalité Regard Treatment

45 min · €110

Caring for your eyes means caring for yourself. This ritual combines eye shiatsu to rebalance fluid circulation, drainage techniques to remove toxins and boost cell regeneration, and relaxing techniques with effects equivalent to a good night's sleep. The eye contour is detoxified, with immediate effects on puffiness, dark circles and wrinkles, alongside guaranteed relaxation.

Le Soin Absolu

90 min · €180

Combining the techniques and benefits of the tailor-made treatment with those of Vitalité Regard, Le Soin Absolu offers a beauty interlude ideal for recovering after a long journey, or giving you a well-deserved glow before an evening out or an important appointment… or simply for pleasure! Removing toxins, draining fluids and restarting youthful processes, this comprehensive treatment leaves you rested and confident.

Lift Treatment

70 min · €150

Over time, gravity and slowing cellular functions cause the facial contours to sag. Particularly effective, both relaxing and pro-age, this treatment improves the complexion's radiance and muscle and skin tone. It helps significantly soften wrinkles and fine lines while reshaping the contours of the face. Each facial muscle is worked manually to stimulate it and increase oxygen supply, drain toxins and harmonise energy flows.





Peau Nette Treatment, for temperamental skin

45 min · €110

Designed for skin prone to imperfections: excess sebum, blackheads, blemishes and redness... A ritual combining Japanese smoothing movements and techniques developed to detoxify the epidermis, activate cell renewal and help restore skin balance. Skin is purified, soothed and rebalanced...

Peau Calme Treatment, for sensitive skin

45 min · €110

Designed for sensitive, reactive skin with tightness and/or diffuse redness... A ritual combining soothing, moisturising ingredients with drainage and pumping massage movements to calm reactive skin and reduce its sensitivity. Skin immediately feels soothed, protected and comfortable.

Absolution body treatments

Re-Start Treatment

75 min · €160

Ideal for countering jet lag or recovering from a shopping marathon, this treatment drains cells and restarts lymph circulation, detoxifies skin, harmonises energies and revitalises your mind. This distinctive ritual combines relaxing manual stretching, foot reflexology and lymphatic drainage with breathing techniques and enveloping movements for complete wellbeing. You leave relaxed, with soft, moisturised and firmer skin, a light mind and an energised body.

Re-Sculpt Treatment

75 min · €160

Sometimes, feeling comfortable in your body starts with easing a build-up of heaviness, so you can feel more at ease and move more freely. Re-Sculpt delivers visible, satisfying results. Its “Detox, Slimming and Lightness” effect, combined with a healthy lifestyle, relieves congestion in the body and restores optimal circulation.

Re-Lax Treatment

75 min · €160

When tension builds and you no longer know how to rest, taking time for a Re-Lax treatment is an excellent idea! Deeply soothing, it works on key energy points to bring body and mind into profound relaxation. A timeless haven where, for one hour and fifteen minutes, you can release pressure and leave feeling light and relaxed.



Gommage Détox Treatment

60 min · €130

A treatment including exfoliation to remove impurities and dead cells accumulated on the skin’s surface, restoring soft, supple, luminous and radiant skin. A drainage massage with Huile Douce Réconfortante detoxifies body and mind, releases tension and refocuses your energy.

Expert massage

Price list

1 hour: €130
1 hour 30 minutes: €180

Couples massage offer

1 hour: €240 instead of €260
1 hour 30 minutes: €330 instead of €360

Californian

A true stress-relieving experience that awakens the senses, this delicate massage brings a sense of wellbeing and muscle relaxation. Its slow, enveloping, harmonious movements soothe the body for a sensory interlude and a moment of deep serenity.

Swedish massage

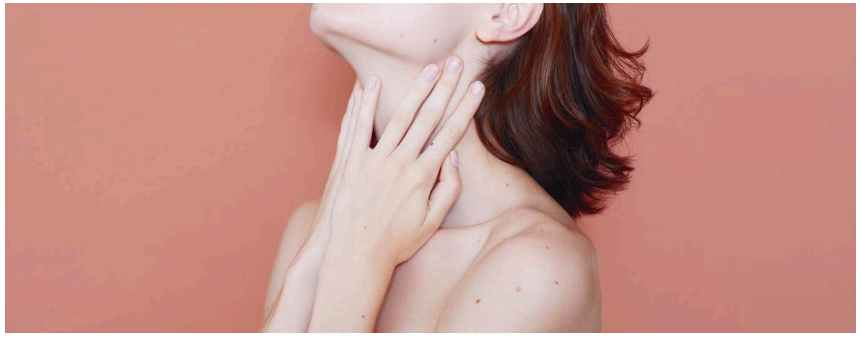
With long, firm movements, this massage helps release tension effectively. Stretching techniques focused on muscle relaxation encourage deep relaxation, reduce physical stress and support the body's recovery.

Deep revitalising massage

Ideal for sports enthusiasts, this methodical, firm massage provides intense relaxation and relief. Its deep, invigorating movements encourage restorative wellbeing after physical effort, helping improve mobility and ease muscular discomfort.

Abhyanga

Inspired by India's traditional medicine, abhyanga massage uses ancestral Ayurvedic techniques. This holistic journey stimulates blood circulation, frees movement and develops the body's flexibility.



Balinese

Balinese massage is a holistic treatment inspired by traditional Indonesian techniques. It includes gentle stretches, acupressure and reflexology. It stimulates the circulation of "Qi" energy and oxygenation. A profound sense of wellbeing spreads through the whole body.

Tailor-made massage

This personalised treatment for body and mind combines a bespoke massage with the practitioner's expert assessment to meet all your expectations for a moment of complete relaxation.

Pregnancy massage

Specially developed for expectant mothers. (From the second trimester until the eighth month of pregnancy.)

Targeted massage

45 min · €110

Targeted massage of one area: feet, head, back or leg.

Offers

€110 instead of €130

Featured treatment

Please ask reception about our current featured treatment.

EARLY BIRD offer

Offer valid for all one-hour facial treatments and massages, Monday to Friday from 9 am to 2 pm.



Your booking

Book your treatment

Our reception team is available for bookings by phone on +33 (0)1 53 68 70 00 or by email at info@hoteleiffelblomet.com.

A supplement of €30 per treatment hour applies to all services between 7 am and 9 am and between 8 pm and 11 pm. A 100% surcharge applies to all treatments scheduled for 11 pm onwards.

We recommend being ready before your therapist arrives so you can enjoy your treatment fully. All our massages are exclusively for wellbeing and have no therapeutic purpose.

Please tell us about any health conditions, allergies or injuries, and let us know if you are pregnant so we can recommend a suitable treatment.

Cancellation policy

If you arrive late, your treatment will unfortunately be shortened to avoid affecting subsequent guests. Please give at least two hours' notice of cancellation. After that deadline, your treatment will be charged in full.



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